

**GIORNO 01            YANGON**  
**[-/-/C]**

Saturday

Upon arrival at YANGON Airport, you will be welcomed by your guide and transferred to your hotel.

*Note: early check in subject to additional charges by hotel and prior booking.*

Shared airport transfer is included for flight arrival between 08:45am and 10:00 am. Additional charges for separate transfer may apply for flight time not within the time above.

Meeting point at your hotel's lobby at 13:00 hours. Then, your journey begins with an afternoon tour through Yangon city. You will first proceed for a photo stop at the KARAWEIK HALL on Kandawgyi (Royal) Lake. Stroll through the BOGYOKE (SCOTT'S) MARKET (closed on Mondays and public holidays) with hundreds of food, clothes, handicrafts and gems as well as you will also visit SULE PAGODA, dating back to over 2000 years ago. Complete your first day Yangon impressions with an extended visit to one of the world's most spectacular monuments, the SHWEDAGON PAGODA.

Lunch will be to your own account.

Dinner and overnight stay at Rose Garden hotel (\*\*\*/Superior room) or similar in Yangon.

**GIORNO 02 YANGON - BAGAN**  
**[C/P/-]**

Sunday

After an early breakfast, you will be transferred to the airport for flight to BAGAN. Upon arrival, start your day with visits the most pagodas and temples of Bagan including SHWEZIGON PAGODA, Anawrahta in the early 11th century as a religious shrine, PAGODA and ANANDA TEMPLE with its four magnificent images. domestic significant built by King SHWE GU GYI standing Buddha

In the afternoon, learn of the manufacturing of Myanmar's most treasured handicrafts and visit a lacquer ware craftsmen's workshop in nearby MYINKABA village. Later, continue to MANUHA TEMPLE built in Mon style in 1059 and explore the NANBAYA TEMPLE, a unique sandstone monument which according to legends used to be palace site of King Manuha.

Enjoy sunset of BAGAN in the evening.

Lunch will be served at a local restaurant.

Dinner will be to your own account.

Overnight stay at Thazin Garden Hotel (\*\*\*/Deluxe room) or similar in Bagan.

**Remark: Since December 2017, authorities strictly prohibited to climb up all temples in Bagan.**

**GIORNO 03      BAGAN- MANDALAY**  
**[C/P/-]**

## Monday

After breakfast, transfer to the airport for domestic flight to MANDALAY.

Upon arrival, experience the sights and sounds of Mandalay including one of the most revered religious monuments in Myanmar, the MAHAMUNI PAGODA, the SHWE INBIN MONASTERY, the GOLDEN PALACE MONASTERY, a superb example of a traditional wooden building and KUTHODAW PAGODA, the world's largest book made of 729 marble slabs, on which the entire Theravada Buddhist Pali Canon is inscribed. Mandalay is also a major crafts center. Visit a Kalaga tapestries craftsmen's shop before going to Mandalay Hill for sunset.

Lunch will be served at local restaurant.

Dinner will be to your own account.

Overnight stay at Ayerwaddy River View Hotel (\*\*\*/Deluxe room) or similar in Mandalay.

## **GIORNO 04                    AMARAPURA-AVA-SAGAING-MANDALAY** **[C/P/-]**

## Tuesday

After breakfast, make an excursion to AMARAPURA, 15 km from Mandalay. Visit MAHAGANDAYON, a famous Buddhist monastery where more than a thousand monks live and study; continue to 200-year-old U BEIN teak bridge built in 1782 when Amarapura was the Royal Capital. Since then, it is noted for silk- and cotton weaving. Visit a traditional hand-woven silk workshop before proceeding to BAGAYA MONASTERY with a superb collection of

Buddha statues.

In the afternoon, visit the former royal capital of INWA (AVA), reached by a short boat trip. Visit by horse-drawn carriage to NANMYINT WATCH TOWER, the remains of the palace building nicknamed "the leaning tower of Ava", MAHA AUNGMYE BONZAN MONASTERY built of brick and stucco and BARGAYAR MONASTERY famous for its impressive ornate woodcarvings and teak posts. If time permits, continue to SAGAING HILLS, a retreat for Buddhist devotees for sunset.

Lunch will be served at a local restaurant.

Dinner will be to your own account.

Overnight stay at Ayerwaddy River View Hotel (\*\*\*/Deluxe room) or similar in Mandalay.

**GIORNO 05                    MANDALAY - HEHO - NYAUNG SHWE-MINE THAUK**  
**[C/P/-]**

Wednesday

After breakfast, transfer to the airport for your domestic flight to HEHO. Upon arrival at HEHO airport, proceed directly to Nyaung Shwe, a gateway to Inle Lake. Upon arrival, you will board your boat to MAING TAUk village located on the eastern shore of the lake. You will be transferred to the meditation center from the Mine Thauk Jetty by a local truck. The moment you arrive the meditation centre you will feel a sense of serenity and peacefulness. A monk will introduce you into the world of meditation and give you a lecture on the way body and mind flows together as one. You will be shown to your private mediation room, a bamboo hut overlooking the lake where you will be left to your own thoughts. In the afternoon, You will visit sights of the famous leg rowers, typical floating gardens, local methods of fishing, village

life and magnificent scenery including PHAUNGDAW OO PAGODA and the weaving village of INPAWKHON as well as NGA PHE CHAUNG Monastery, built on stilts around 200 years ago over the Inle Lake. You will be transferred back to your hotel.

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Lunch will be served at a local restaurant.

Dinner will be to your own account.

Overnight stay at Inle Garden Resort (\*\*\*, Villa room) or similar hotel on the shore of the lake.

**GIORNO 06            INLE LAKE**  
**[C/P/-]**

Thursday

After breakfast, you will visit first one of the local markets in the Inle Lake region (**on market days only**). From there, you will proceed to the western shore of the lake, to discover Indein Pagoda Complex, one of the most amazing historical sights on the shore of the lake consisting of hundreds of small stupas overgrown by moss and greens. You will enjoy on the return trip, you will enjoy the village life of the Inthar people.

Lunch will be served at a local restaurant.

Dinner will be to your own account.

Overnight stay at Inle Garden Resort (\*\*\*,Villa room) or similar hotel on the shore of the lake.

**GIORNO 07            INLE LAKE - HEHO - YANGON**  
**[C/P/-]**

Friday

After breakfast, boat and guide will be at disposal until transfer to HEHO Airport (32km - 1 hour) for your domestic flight to YANGON. Upon arrival in Yangon, transfer to your hotel only. Rest of the day is at leisure.

Lunch will be served at a local restaurant.

Dinner will be to your own account.

Overnight stay at Rose Garden hotel (\*\*\*/Superior room) or similar in Yangon.

**GIORNO 08            YANGON**  
**[C/-/-]**

Saturday

After breakfast, you will be transferred to the airport for your international departure flight.

*Late checkout from hotel will be available upon availability with additional charges.*

*Official hotel check out time: 12:00 noon*

*Shared airport transfer is included for flight departure between 11:00am and 12:30 noon.  
Additional charges for separate transfer may apply for flight time not within the time above.*

## **DATE DI PARTENZA**

	5-12 January 2019	19-26 January 2019
02-09 February 2019	16-23 February 2019	02-09 March 2019
16-23 March 2019	30 March-06 April 2019	13-20 April 2019
27 April-04 May 2019		
11-18 May 2019	25 May-01 June 2019	08-15 June 2019
22-29 June 2019	6-13 July 2019	20-27 July 2019
03-10 August 2019	17-24 August 2019	31 August -07 September 2019
14-21 September 2019	28 September - 05 October 2019	12-19 October 2019